

Benefits of Food Recycling

Trashing food is expensive because food is wet and heavy to haul away and store in a landfill.

Recycling food is a much better option.

Save Money!

- Use less pay-as-you-throw trash bags each week
- Dispose of food trash for FREE
- Save trash hauling costs (tax dollars)
- Save landfill-related costs (tax dollars)

Support Your Local Community!

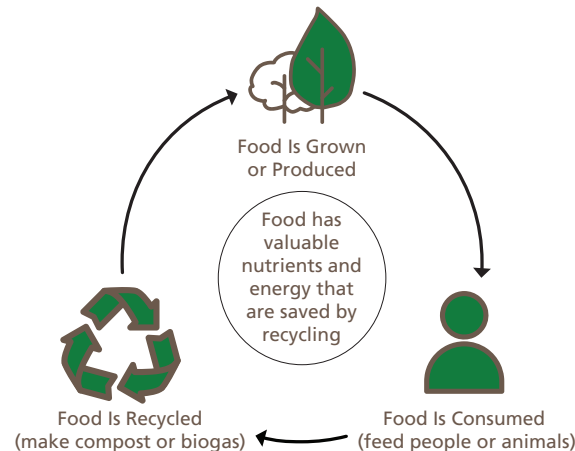
- Help Maine farms and agriculture
- Create valuable products – compost and energy
- Promote food pantry donations

Save Natural Resources!

- Protect Maine water and air
- Build soil health
- Mitigate climate change

What is Food Recycling?

Food Recycling is the process of collecting and processing food that would otherwise be thrown away as trash and turning the food into new products like compost or renewable energy (biogas).



Waterville collects food that would otherwise be thrown away as trash. This food is processed in Maine into a variety of products including biogas, animal bedding, and natural soil fertilizer that are used in Maine.

How Do You Recycle Food?

- 1 Compost at home.
- 2 Use a free food recycling drop-off site
- 3 Subscribe to a curbside collection service.

Waterville Food Recycling

What is Food Recycling?

What are the Benefits?



Waterville Food Recycling Station



Location:

I Recycle Inc
2-14 Armory Road, Waterville, ME

Hours:

Monday–Friday: 8:00am–3:00pm
Saturday: 8:00am–12:00pm
Sunday: Closed

For more information:

Food Rescue MAINE
Mitchell Center for Sustainability
Solutions, University of Maine
Email: foodrescuemaine@maine.edu
Website: umaine.edu/foodrescuemaine

Food Recycling DOs

ALL FOOD
(no packaging)

Including:

- ✓ Fruits and Vegetables
- ✓ Kitchen Food Scraps
- ✓ Eggs and Eggshells
- ✓ Leftover Food
- ✓ Flowers
- ✓ Coff---unds
- ✓ Meat and Bones
- ✓ Seafood and Shells
- ✓ Dairy, Cheese, Yogurt

Food Recycling DON'Ts

- x Paper and Cardboard
- x Trash
- x Bottles and Cans
- x Food Packaging
- x Plastic and Compostable Ware
- x Plastic Cups and Straws
- x Beverage Cartons
- x Plastic Bags and Wrap
- x Paper Products
- x Used Diapers

For Even More Benefits– Reduce Wasted Food...

Save your time and money
by preventing household food
waste!

- Don't be fooled by date labels
- Shop with a list and buy only what you will eat each week
- Use meal planning to be sure to eat what you buy
- Store fresh food properly to prevent spoiling; the freezer is your friend for food storage
- Use food "hacks" for leftovers – create tasty treats!
- If you have too much food, share or donate before it spoils